



# Swahili

— BEACH CLUB & SPA —



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# ABOUT

## SWAHILI BEACH CLUB AND SPA

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THE SWAHILI BEACH CLUB SPA IS INSPIRED BY POWDER SOFT SANDY BEACHES, THE CRYSTAL-CLEAR WATERS OF THE INDIAN OCEAN AND TASTEFULLY BLENDS MODERN COMFORTS WITH SWAHILI AND ARABIC INFLUENCES. THE SPA FEATURES TWO COUPLE'S TREATMENT ROOM, FOUR SINGLE TREATMENT ROOMS, A HAND AND FOOT TREATMENT AREA, A SPA POOL, AND A BEACH CLUB OVERLOOKING THE INDIAN OCEAN. OUR TREATMENTS ARE INSPIRED BY OUR TRANQUIL SETTINGS, EXOTIC INDIGENOUS INGREDIENTS AND TRADITIONAL SWAHILI WELLNESS RITUALS. OUR OVER -18'S BEACH CLUB IS ALSO AVAILABLE TO RELAX FOR THE DAY AROUND A PRIVATE SWIMMING POOL, RELAXATION LOUNGE WITH REFRESHMENTS AND LIGHT SNACKS AVAILABLE THROUGHOUT THE DAY.



JOIN US FOR A DAY AT THE SWAHILI BEACH CLUB WHICH IS DESIGNED FOR OVER 18'S ONLY. RELAX AROUND OUR PRIVATE RIM FLOW POOL FOR THE DAY AND SIP FROM OUR UNLIMITED GIN BAR AND ENJOY SELECTED DESIGNER BITING'S THROUGHOUT THE DAY. DE-STRESS WHILST RECEIVING A 15 MINUTE FOOT MASSAGE INCLUDED IN YOUR PACKAGE

**KES 8,000 PER COUPLE. RESERVATIONS ESSENTIAL.**

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**OPENING HOURS:**  
**8:00AM – 8:00PM**

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# OUR PRODUCTS

## D'VINE

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D'VINE PRODUCTS BRING TOGETHER THE HEALING ESSENCES OF SOME OF THE BEST AVAILABLE NATURAL OILS, BUTTERS AND BOTANICALS INDIGENOUS TO AFRICA ALONGSIDE CUTTING-EDGE TECHNOLOGY. PRODUCTS AND TREATMENTS ARE DESIGNED TO INDULGE THE SENSES, REBALANCE THE BODY'S SYSTEMS AND INDUCE A DEEPER SENSE OF INNER PEACE AND WELL-BEING. PRODUCTS ARE MADE USING HIGH-PERFORMANCE, QUALITY AND SAFE INGREDIENTS – ALL ARE SOURCED RESPONSIBLY AND NEVER TESTED ON ANIMALS.

D'VINE PRODUCTS ARE MADE WITH:  
**ALOE VERA | SHEA BUTTER | COCONUT BUTTER | BAOBAB OIL**

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# SWAHILI SPA

## SIGNATURE EXPERIENCES

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### **THE SWAHILI COUPLE'S JOURNEY**

105 MINS | KES 7,800 PER PERSON

**BODY SCRUB | BODY MASSAGE | HYDRO-THERAPY**

A soothing, restorative couple's spa therapy based on our signature blend of Jasmine & Bergamot designed to induce the deepest feelings of calm and relaxation whilst rebalancing the senses. The treatment begins with a body exfoliation, followed by full body massage and ends with an immersion in our spa pool whilst sipping on a glass of sparkling wine.

### **THE SWAHILI EXPERIENCE**

2 HOURS 15 MINS | KES 12,600

**BODY SCRUB | BODY MASK | HYDRATING FACIAL | HOT KISII STONE MASSAGE**

A rejuvenating spa therapy based on a powerful blend of Marine Algae (Seaweed extract) designed to stimulate elasticity and reveal a vibrant skin tone whilst refreshing the senses. The treatment begins with our signature Jasmine & Bergamot body scrub, followed by a mineralised Clay and Seaweed body mask during which a hydrating face treatment is performed. The treatment ends with a warmed stone massage.

## **THE LOMY LOMY EXPERIENCE**

**100 MINS | KES 8,500**

A gentle coffee scrub exfoliation followed by a hot warm stone therapy. The result- pure relaxation leaving your skin smooth and glowing

## **THE SWAHILI RITUAL**

**105 MINS | KES 7,600**

**HAIR TREATMENT | HOT TOWEL COMPRESS | BODY SCRUB | WARM MINERAL SAND POULTICE MASSAGE**

A soothing therapy that features a nourishing hair treatment, followed by our signature Jasmine & Bergamot body scrub before a warm sand and herb poultice massage to soothe aching muscles. The result - complete relaxation and ease of muscle tension.

## **THE SWAHILI AFTER SUN RELIEVER**

**45 MINS | KES 4,500**

**BODY MASK | FACE MASK | PRESSURE POINT HEAD OR FOOT MASSAGE**

A 45-minute soothing and intensive skin hydrating treatment that involves a Lavender and Aloe Vera infused body mask and a soothing Calamine face mask application during which a pressure point head or foot massage is performed.

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# BODY TREATMENTS

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## **BODY EXFOLIATION**

**30 MINS | KES 4,500**

A gentle body scrub enriched with marine algae that improves circulation in the skin and leaves your skin smooth, refreshed and glowing.

## **BODY MASK**

**30 MINS | KES 4,000**

A unique formula enriched with natural mineral rich clays and nourishing Shea designed to soften, moisturize and purify your skin while you enjoy a pressure point head or foot massage.

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# MASSAGE

## TREATMENTS

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### **SWEDISH MASSAGE**

**60 MINS | KES 5,000**

A massage technique designed to relax the muscles, ease tension, improve circulation and promote general well-being.

### **AROMATHERAPY MASSAGE**

**60 MINS | KES 5,500 | 90 MINS | KES 7,200**

A holistic treatment that is based on the psychological and physical benefits of essential oils. The treatment is designed to stimulate, sooth and relax the body.

Choose a blend:

#### **Option 1:**

Relaxing Blend of essential oils – with Lavender, Rose Geranium & Bergamot

#### **Option 2**

Stimulating blend of Essential Oils – With Orange, Lemon & Rosemary

### **DEEP TISSUE MASSAGE**

**75 MINS | KES 6,000**

A massage technique that that utilizes slow strokes and deep pressure techniques alongside our signature Bamboo sticks to release tension, aches and pains.



## **RELAX & RESET**

**35 MINS | KES 3,500**

The treatment begins with an inhalation of Eucalyptus to clear the airways. Body brushing gets the circulation going and stimulates the skin before a back, neck & shoulder massage and hot towel compress.

## **HOT MINERAL SAND POULTICE MASSAGE**

**60 MINS | KES 5,000**

Healing Mineral Sand Poultices, acupressure and holistic massage techniques help to stimulate and improve blood circulation whilst relieving muscle tension and promoting deep relaxation.

## **BACK CLEANSE**

**45 MINS | KES 5,000**

The treatment begins with a cleanse followed by an exfoliation and extraction. A mask is applied to soothe the skin.

## **HOT STONE MASSAGE**

**75 MINS | KES 6,500 | 90 MINS | 7,600**

Warm Volcanic stones are used to release therapeutic heat deep into the muscles - warming, relieving and soothing aching muscles.

## **FOOT REFLEXOLOGY**

**45 MINS | KES 4,500**

Based on the ancient philosophy that specific points on the feet correspond with organs in the body, this traditional reflexology massage unblocks the energy channels to create harmony and aid general wellness.

## **FOR MAMAS TO BE**

**60MINS | KES 5,500**

A gentle and relaxing body massage, that combines safe but effective pre-natal techniques and bio-oils to relieve the discomforts experienced during pregnancy.

## **INDIAN HEAD MASSAGE**

**30 MINS | KES 2,500**

Focused on the upper back, shoulders, neck and scalp – this treatment stimulates circulation, nourishes the scalp and induces a deep sense of calm.

## **DETOX LYMPHATIC DRAINAGE MASSAGE**

**60 MINS | KES 5,500**

A tranquil experience designed to stimulate the circulatory system while concentrating on the areas prone to blockages and water retention.

## **SWAHILI BODY CONDITIONING MASSAGE**

**100 MINS | KES 8,500**

Enjoy the application of warm soothing mud applied to the back to release negative energy stored in the muscles. Bergamot infused with lavender and eucalyptus is then applied to the body to soften the signs of ageing. A holistic body and scalp massage will relax the body and ease the mind. To end a mini facial will replenish the light in the face to match your body.

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# FACIAL TREATMENTS

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## **HYDRATING FACIAL BY D'VINE**

**60 MINS | KES 6,000**

**SKIN TYPE | NORMAL-DRY**

An intensely hydrating facial that restores moisture at a cellular level. An enzyme based exfoliator smoothes and refines the skin, before a multi-active hydra+ serum infuses skin with essential nutrients that increase hydration, plumpness and firmness while helping to soothe and repair skin's barrier.

## **SKIN RENEWING FACIAL BY D'VINE**

**60 MINS | KES 6,000**

**SKIN TYPE | AGEING SKIN**

Restore the luminous glow you used to know with this luxurious multi-active facial. Advanced collagen, peptides and anti-oxidants boost elasticity, stimulate cellular turnover, reduce the appearance of medium to deep wrinkles leaving skin radiant.

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# HAND & FOOT TREATMENTS

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## **SPA MANICURE by D'VINE**

45 MINS | KES 2,500

A soothing, softening spa therapy for the hands based on lightening extracts of Licorice and nourishing oils and butters. It is designed to brighten, condition and soften the hands whilst calming the senses.

## **SPA PEDICURE by D'VINE**

60 MINS | KES 4,500

A refreshing, soothing spa therapy for tired feet based on cooling Menthol & Camphor and deeply nourishing oils & butters. It is designed to condition, repair and soften the feet whilst uplifting the senses.

## **REVARNISH**

15 MINS | KES 1,000

## **GEL APPLICATION**

KES 2,000

## **GEL REMOVAL**

KES 1,000

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# WAXING

## TREATMENTS

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|            |           |
|------------|-----------|
| EYE BROW   | KES 500   |
| CHIN       | KES 500   |
| UPPER LIP  | KES 500   |
| <hr/>      |           |
| FACE       | KES 1,500 |
| UNDERARM   | KES 1,500 |
| HALF ARMS  | KES 2,000 |
| <hr/>      |           |
| FULL ARMS  | KES 3,500 |
| CHEST      | KES 2,500 |
| BACK       | KES 4,500 |
| <hr/>      |           |
| BIKINI     | KES 2,500 |
| BRAZILLIAN | KES 5,000 |
| HALF LEG   | KES 3,000 |
| FULL LEG   | KES 5,500 |

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# SPA

## ETIQUETTE

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TO ENSURE THAT YOUR SPA WELLNESS EXPERIENCE IS COMPLETE, WE RECOMMEND THE FOLLOWING:

- WHEN BOOKING, PLEASE ADVISE THE SPA RECEPTIONIST OR SPA THERAPIST OF ANY HEALTH CONDITIONS, ALLERGIES OR INJURIES THAT COULD AFFECT YOUR SERVICE. THIS IS IMPORTANT, AS WE WANT YOU TO HAVE THE VERY BEST EXPERIENCE POSSIBLE.
- THE SPA FACILITY IS A NON-SMOKING AND MOBILE FREE ENVIRONMENT.
- WE SUGGEST THAT YOU COME TO THE SPA 15 MINUTES PRIOR TO YOUR SCHEDULED BOOKING. THIS WILL ALLOW YOU TO FILL OUT YOUR CONSULTATION FORM AND RELAX BEFORE YOUR TREATMENT.

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# SPA

## ETIQUETTE

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- WE WILL PROVIDE YOU WITH SPA UNDERWEAR. OUR THERAPISTS WILL ALWAYS USE DRAPING TECHNIQUES TO RESPECT YOUR PRIVACY.
- WE DO NOT ASSUME ANY LIABILITY FOR PERSONAL ITEMS AND RECOMMEND YOU DO NOT BRING ANY VALUABLES WITH YOU TO THE SPA.
- PLEASE TAKE NOTE THAT THERE IS A 3-HOUR CANCELLATION POLICY, THOSE TREATMENTS NOT CANCELLED WILL BE CHARGED AT THE FULL TREATMENT PRICE.
- PLEASE BE AWARE THAT LATE ARRIVALS WILL NOT BE AFFORDED EXTENSION OF SCHEDULED TREATMENTS OUT OF COURTESY FOR THE NEXT SCHEDULED CLIENTS.

